

RACE REPORT

FLAGPOLE RUN-UP

WHITECLIFFS, SUNDAY 21 NOVEMBER 2010

Another good field in the annual Flagpole Run-up mountain running race held behind the Whitecliffs Domain on Sunday, 21 November 2010.

275 mountain runners and walkers lined up in perfect weather conditions for this race that took competitors up a 5km climb to the top of Flagpole Hill, down the Selwyn River Gorge, crossing the river 12 times and starting and finishing at Flagpole Farm.

The men's race started with a group of 3, Matthew Reedy, David Fitch and Andrew Reese-Jones, breaking away from the rest of the field on the steep 5km climb to the top of the hill, followed by Ian Reeves and Blair McWhirter.

Fitch was first to Flagpole summit but McWhirter passed the field on the descent into the Selwyn River and maintained his lead all the way to the finish of the demanding 21km race, followed by Matthew Reedy and Ian Reeves.

In the women's race last year's champion, Fiona Gilroy, led over the summit and carried on to finish first, followed by Jane Reedy and Jacqui Gee. Gilroy's performance was incredible considering she had completed a 20k lap of the 84k Molesworth Station Relay Run on Saturday.

PRIZE RESULTS:

Run Men Open

1 st	Blair McWhirter	1:29:37
2 nd	Andrew Reese-Jones	1:30:58
3 rd	Matthew Reedy	1:30:59

Run Women Open

1 st	Fiona Gilroy	1:49:47
2 nd	Jane Reedy	1:52:07
3 rd	Jacqui Gee	2:01:06

Run Masters Men 40-49

1 st	Andrew Reese-Jones	1:30:58
2 nd	Richard Seigne	1:33:23
3 rd	Roger Lamb	1:37:27

Run Masters Women 40-49

1 st	Fiona Gilroy	1:49:47
2 nd	Kerry Jones	2:08:54
3 rd	Emma Gambles	2:11:27